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PROBIOTICS

www.MicrobiomeLabs.com

Link: <https://microbiomelabs.com/register/?ref=prospores>



Dear Patients:

After research and reading articles of nationally known Functional Medicine Practitioners, I have chosen the probiotic that I recommend for patients and for myself – Microbiome Labs MEGA Sporebiotics. Spore probiotics survive the acid stomach and reach the large intestine intact. You can only order them through a doctor, or...you can patient-direct order yourselves using my link above. I have arranged for a 10% discount on their pricing. You may want to look at their prebiotics and their Mucosa repair products as well- if you eat well with good fiber you may not require the prebiotics. I would need to muscle test individually.

The Adult dosing for MEGA Sporebiotics: (with meals) 1 every other day for 1 week, 1/day for 1 week, then 2/day for two months, then continue at 1 or 2/day for 3 days, then 4 days off for maintenance dosing...if you have any discomfort, back off for a few days and then see if you can work back up to the dosage. For children, follow the same protocol but at half the dosage. For small children and babies use $\frac{1}{4}$ the dosage with less frequency.

If I was restricted to only one supplement in life, this is what I would take...

To all our good health,
Dr. Tom